

# Protect Play Educator Audit

## How much real play time are students getting?



California guarantees 30 minutes of daily recess.

In practice, many students receive less than 30 minutes of dedicated unstructured play each day



### Track Student Play Time Across the Week

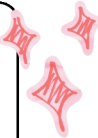
Day & Date	Actual Minutes Played Morning Recess	Actual Minutes Played Lunch	Total Minutes
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			



Total:

#### What got in the way of play?

- Time lost to lining up
- Time spent walking to/from yard
- Play cut short or interrupted
- Limited space or equipment
- Something else \_\_\_\_\_



What was the longest stretch in the day without movement or play each day?

Day & Date	minutes of longest stretch
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	



#### When do your students seem to lose focus each day?

Day & Date	When students seem dysregulated
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	



Small changes in the day can have a big impact on how students learn and feel.

California guarantees 30 minutes of daily recess. Does this feel like enough?

#### What to do next?

[protectplay.org](http://protectplay.org)



##### Start small

Try adding one additional moment for movement or play—even a few minutes can make a difference.

##### Notice what changes

Pay attention to how students respond. Do you see differences in focus, behavior, or engagement?

##### Share what you're seeing

Bring your observations into conversations about schedules, breaks, or student needs at your school.